

Psalm of Consecration — Forty Verses

1. I present my body a living sacrifice, holy and acceptable before the Lord; my flesh is made subject to the Spirit of God.

2. I keep under my body and bring it into subjection, that no desire may master me, but I may be mastered by the Word.

3. With exceeding faith I pray for deliverance, for He will not suffer me to be tempted beyond what I can bear.

4. Blessed am I, pure in heart, for I shall see God; therefore I guard my thoughts, my words, and my deeds.

5. I flee youthful lusts and pursue righteousness, faith, and peace with them that call on the Lord out of a pure heart.

6. This is the will of God, even my sanctification: that I abstain from fornication and walk in holiness all my days.

7. For those who keep His commandments are blessed in all things, both temporal and spiritual, in life and in death.

8. I flee fornication, for he who commits it sins against his own body, the temple of the Most High.

9. Yet His grace is sufficient for me, His strength is made perfect in my weakness.

10. Therefore I keep my heart with diligence, for out of it flow the issues of life.

11. I have no more desire to do evil, but to do good continually, for I walk in the Spirit and not in the lusts of the flesh.

12. I will not trust in the arm of flesh, but in the Lord my Redeemer, who delivers me from all snares.

13. With every temptation He makes a way of escape; with every burden He strengthens me to bear it with ease.

14. How shall a young man cleanse his way? By taking heed to the Word of God with all his heart.

15. I stand as a witness of Christ at all times and in all things, a vessel consecrated to His covenant.

16. I can do all things through Christ who strengthens me, and I press forward with a steadfastness in Him.

17. I walk with a perfect brightness of hope, and my eyes are single to His glory.

18. I follow peace and holiness, without which no man shall see the Lord.

19. Create in me a clean heart, O God; renew a right spirit within me.

20. I walk blameless before Him, purified by His Word, sustained by His Spirit.

21. Be holy, for He is holy; be consecrated, for He is consecration.

22. Whoso finds a wife finds a good thing, and obtains favor of the Lord.

23. Yet like Joseph, I flee when enticed, for my covenant is greater than my desire.

24. One flesh is precious in His sight; therefore I watch and pray, lest I fall into temptation.

25. How shall I know the Master whom I have not served? Therefore I serve Him daily with my vessel.

26. I submit to God, resist the devil, and he flees from me seven ways.

27. I counsel with the Lord in all my doings, and He directs my path for good.

28. I stand undefiled, a son of consecration, not corrupted by lust nor swayed by vanity.

29. I am baptized, a witness that I will serve Him to the end.

30. And being free, I choose liberty and eternal life through Christ my Redeemer.

31. Watch and pray, that ye enter not into temptation; for the spirit is willing, but the flesh is weak.

32. Stand as a soldier with the whole armour of God, and no dart of the enemy shall prosper.

33. Trust not in the eyes of man, nor in the beauty of the flesh, for these are fleeting as the grass.

34. Delight in the law of the Lord, and it shall be health to your flesh and marrow to your bones.

35. Blessed are they who overcome, for they shall be pillars in the temple of God and shall go no more out.

36. These are they who were not defiled, but kept themselves consecrated as virgins unto the Lord.

37. Let my fountain be blessed, and let me rejoice with the wife of my youth, whom the Lord joined to me.

38. I sanctify my vessel in honor, not given over to passion as the heathen who know not God.

39. Fire is shut up in my bones, purity is sealed in my heart, covenant rests upon my hands.

40. Thus am I consecrated, thus am I sealed: a psalm of purity, a decree of fire, a vessel set apart for the King.

40 Forged Precepts — Consecration & Purity

1. Romans 12:1 — Present your bodies a living sacrifice, holy, acceptable unto God.

2. Mosiah 15:5 — Thus the flesh becoming subject to the Spirit, even as the Son yielded.

3. 1 Corinthians 9:27 — I keep under my body and bring it into subjection.

4. Jacob 3:12 (BoM) — Pray with exceeding faith, that He will deliver you from temptation.

5. Matthew 5:8 — Blessed are the pure in heart: for they shall see God.

6. Mosiah 4:30 — Watch yourselves, your thoughts, your words, and your deeds.

7. 2 Timothy 2:22 — Flee youthful lusts, but follow righteousness, faith, love, and peace.

8. Alma 13:28 — Humble yourselves, watch and pray continually, that ye may not be tempted.

9. 1 Thessalonians 4:3 — This is the will of God: your sanctification, that ye abstain from fornication.

10. Mosiah 2:41 — Consider the blessed state of those who keep His commandments, they are blessed in all things.

11. 1 Corinthians 6:18 — Flee fornication. He that committeth fornication sinneth against his own body.
12. Ether 12:27 — My grace is sufficient; my strength is made perfect in weakness.
13. Proverbs 4:23 — Keep thy heart with all diligence; for out of it are the issues of life.
14. Mosiah 5:2 — We have no more disposition to do evil, but to do good continually.
15. Galatians 5:16 — Walk in the Spirit, and ye shall not fulfil the lust of the flesh.
16. Mosiah 23:14 — Trust no man except he walk in the ways of God and keep His commandments.
17. Ephesians 6:13 — Take unto you the whole armour of God, that ye may withstand in the evil day.
18. 2 Nephi 4:34 — O Lord, I will not put my trust in the arm of flesh.
19. 1 Corinthians 10:13 — God will not suffer you to be tempted above that ye are able.
20. Mosiah 24:15 — The Lord did strengthen them, that they could bear their burdens with ease.
21. Psalm 119:9 — Wherewithal shall a young man cleanse his way? By taking heed according to Thy word.
22. Mosiah 18:9 — Stand as witnesses of God at all times and in all things.
23. Philippians 4:13 — I can do all things through Christ who strengthens me.

24. 2 Nephi 31:20 — Press forward with steadfastness in Christ, having a perfect brightness of hope.

25. Hebrews 12:14 — Follow peace with all men, and holiness, without which no man shall see the Lord.

26. Mosiah 18:27 — Impart of your substance, everyone according to that which he has.

27. Psalm 51:10 — Create in me a clean heart, O God; and renew a right spirit within me.

28. Alma 5:27 — Have ye walked, keeping yourselves blameless before God?

29. 1 Peter 1:15-16 — Be ye holy in all manner of conversation, for it is written, Be ye holy; for I am holy.

30. Mosiah 29:12 — It is not common that the voice of the people desireth anything contrary to that which is right.

31. Proverbs 18:22 — Whoso findeth a wife findeth a good thing, and obtaineth favour of the Lord.

32. Genesis 39:12 — Joseph fled, and got him out.

33. Jacob 2:21 — One flesh is as precious in His sight as another.

34. Matthew 26:41 — Watch and pray, that ye enter not into temptation.

35. Mosiah 5:13 — How knoweth a man the master whom he has not served?

36. James 4:7 — Submit yourselves to God. Resist the devil, and he will flee from you.

37. Alma 37:37 — Counsel with the Lord in all thy doings, and He will direct thee for good.

38. Revelation 14:4 — These are they which were not defiled with women; for they are virgins.

39. Mosiah 18:10 — Be baptized as a witness that ye are willing to serve Him to the end.

40. 2 Nephi 2:27 — Men are free to choose liberty and eternal life, or captivity and death.